

The Home Cookbook (THC)

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THC recipes

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THC Overview

Software friendly to all chefs.

Our software provides you with a system wherein you can enter recipe information quickly and easily, print recipes in easy to read formats with background designs that are fun to look at, and have your shopping list sorted by the markets where you shop.

This system will keep your recipes easily accessible. Our own prepared recipes, THC recipes will provide the indepth food preparation steps to make dishes simple.

Styled recipe printouts of you favorite recipes that fit conveniently in your 3 ring binder. This feature is provided because not too many people have a PC in their kitchen.

The ability to add single ingredients from your recipe directly to your shopping list with a single key stroke.

Recipe HELP support number for use by registered software cooks if our recipes do not come out as you expected. This support is only available for THC recipes issued by us.

Can hold up to 10,000 recipes.

Ability to sort your shopping list by market.

Use your shopping list for those non-food stores such as hardware, clothing, etc, which enables you to remember all the errands you need to complete. From your organizer or TO DO LIST, put those stores and items on your shopping list, sort your list by store and you're ready to go!

The Home Cookbook software is \$25 which includes shipping and handling charges. Our software comes with 12 recipes. The recipes meet our kitchen quality assurance for accuracy. If you are satisfied with the package and the service that you have received, you may wish to join our recipe subscribing service.

For registered cooks we have full technical and recipe support on our HELP line at:

Phone\FAX (714)240-7429

We can be reached by mail at:

MNS Software
P.O.Box 7199
Laguna Niguel, CA. 92607-7199
U.S.A.

FAX us your favorite recipe and if we use it, you will receive one year free subscription to The Home Cookbook recipes.
Send us your comments and suggestions for future releases.

Thank you for purchasing The Home Cookbook.

Add a Recipe

To add new recipes, go to the menu item **Recipe** and select **Add Recipe**. You will be presented with a screen. You may move from field to field using your tab key on your keyboard. The enter key can not be used in the top fields of this screen. When you get to the ingredient fields you can use both your tab key and enter key to move around the fields. For further ease of entering your recipes, THC lets you enter many recipes without going back to the main menus.

After you enter a recipe, click on the OK button and the system will accept that recipe and then present you with another Add Recipe screen so you can continue to enter as many recipes as you wish. When you have finished entering your recipes, click on cancel (be sure you are at a blank recipe screen) and you will be returned to the main menu.

Index a Recipe

All recipes fall into one of 16 recipe categories. As you enter your recipes you need to choose which of the sixteen index categories you would like to put your recipe in. This will help later when you are looking for a particular recipe, you can check by index. You have the ability to change recipe index and even recipe name if you so decide. See **Recipe Maintenance**.

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Subscribe The Home Cookbook Recipes

Recipe Subscription Order Form

Yes, I would like to order a subscription to The Home Cookbook recipes.

Name: _____

Address 1: _____

Address 2: _____

City: _____

State/Province: _____

Zip/Postal Code: _____

Phone: _____

FAX No.: _____

Email Address: _____

You can receive 2 new Home Cookbook recipes each month.

\$2.00 per month on paper.....\$24 per year

To subscribe, print and complete this form and mail \$24, check or money order to:

MNS Software

P.O.Box 7199
Laguna Niguel, CA. 92607-7199
U.S.A.

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Recipe Menu commands

The Recipe Menu offers the following commands.

Add Recipe

Adds a new recipe

Index of Recipes

Views and edits an existing recipe.

Recipe maintenance

Change the recipe name and/or its index category.

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Change recipe Name and/or Index

There will be times when you will need to revise the name of your recipe, either to make the name more meaningful or due to an error in keying. You may also wish to move recipes around to a different index category to fit your personal taste as you become more familiar with the system. We have a **Recipe Maintenance** screen that will assist you with such changes.

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Add Recipe

This screen allows you to enter a new recipe to your database of recipes.

OK

_____OK = Save this recipe. Each time you click on this button you will be presented with a new screen to enter another recipe. To stop entering recipes click on cancel.

Cancel

_____Do not save the recipe that I just entered and return to the main menu. When you are at a blank screen, this will also return you to the main menu.

Note

Recipe Source

Recipe Name

prep time

_____hh:mm

elapsed time

_____hh:mm

oven temp

servings

Index Category

_____The default index category is Appetizers & Snacks. You can of course change to whichever index you have available on the pull down menu.

Insert

Delete

Qty

Unit

Ingredient

_____You can add up to 35 ingredients per recipe. If you should have more than this, think about breaking your recipe in to two different recipes.

Preperation

_____This field allows you to put in those keywords that show you what must be done to the ingredient to further prepare it for the recipe.

Instructions

File Menu commands

~~**Import Recipes**~~

————Future Release

~~**Export recipes**~~

————Future release

Print

When printing your recipe, it is recommended that you print using Portrait instead of Landscape. This will present you with a much nicer printout and fit better in a 3 ring binder. In Windows, you can set the default to be Portrait.

Exit

Will close The Home Cookbook application and return to Windows.

Create a Shopping List

Items can be added to the shopping list by two different methods. When you are deciding which recipes to prepare, and as you call up each recipe to check ingredients, you are able to transfer one or all of the ingredients that you need to the shopping list. On the recipe screen, there is a button called Add Item to Shopping List. Select the ingredient that you need to purchase and click on this button and that ingredient is automatically added to your shopping list.

This will save you from having to enter it.

Ingredients can be added to the shopping list by using the ***Shopping list*** screen.

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Add to your Shopping List database

Under the menu item **List** you will find **Shopping List**. The top portion of your shopping list screen contains a set of fields that allow you to enter ingredients that you can recall at a later time. Many of us use the same food item or ingredient and in fact may shop at the same store repeatedly. This system maintains a database of the often used ingredients so that you nearly have to pull down the Shopping List Item window and select that ingredient; click on it; and click on the Add button to add it to your shopping list below.

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Sort the Shopping List

The shopping list can be sorted in two different sequences. When you are ready to print the list a dialog box appears and asks you a question. **Do you wish the printout sorted in market sequence?** If you click on **yes**, the list is sorted by market. If you click on **no**, the list is sorted on item.

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List Menu

This List menu offers the following commands:

Shopping list

Brings up the shopping list.

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Help Menu commands

The Help menu offers the following commands, which provide you assistance with **The Home Cookbook**.

Contents

This is The Home Cookbook table of contents of topics on which you can get help.

~~Registering the Home Cookbook~~

~~Future Release~~

About The Home Cookbook

Displays the version number, copyright information, and how to contact us.

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Exit Menu command

Exit

Will close The Home Cookbook application and return to Windows.

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Edit Menu commands

Undo

Cut

Copy

Paste

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Shopping list

This screen allows you to build your shopping list.

OK

_____OK = Save

Cancel

_____Cancel any changes that I have made.

Add

Delete

Shopping list item (1)

Market

Qty

Unit

Price

Clear Shopping List

Clear Item

Add item

Shopping List Item (2)

Market

Qty

Unit

Price

Adv

_____This is the advertised price of the product. If you know this before going to the market you will be sure to get the discounted price.

Recipe maintenance

Recipe Index Maintenance

Recipe Maintenance

OLD Recipe Name

NEW Recipe Name

CHANGE Recipe Index

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Index of Recipes

This is the **Recipe Index** screen. This screen will show you all your recipes that you have keyed in. You can display your recipes either by individual category by clicking on that category or looking at them all by clicking on the All button.

Once you have selected a recipe, the Recipe screen shows you all the details of your selected recipe.

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Recipe

This screen allows you to display a recipe from your database of recipes.

OK

OK = Save this recipe

Cancel

Do not save any changes that I made.

Note

Recipe Source

Recipe Name

prep time

hh:mm

elapsed time

hh:mm

oven temp

servings

Index Category

If you wish to change this recipe to a different index use **Recipe**

Maintenance.

Insert

Delete

Qty

Unit

Ingredient

You can add up to 35 ingredients per recipe. If you should have more than this, think about breaking your recipe in to two different recipes.

Preperation

This field allows you to put in those keywords that show you what must be done to the ingredient to further prepare it for the recipe.

Instructions

Delete Recipe

_____ This will allow you to delete a recipe.

THC recipes

For those of you who say " I can't cook" or, are sick and tired of having recipes fail, The Home Cookbook is for you.

Detailed explanations for food preparation are in The Home Cookbook (THC) recipes. Why are our recipes different than those found in recipe books or other software programs? We are committed and focused to ensure that they include step by step instructions for preparing your meal. How many times have your been given a recipe or purchased a recipe book only to find yours never comes out like the picture or as described?

Each and every Home Cookbook recipe is kitchen tested for accuracy of ingredients and steps in preparation to ensure you receive the same consistant results each time. We provide 'HINTS' that will help you with all aspects of the ingredient and preparation process.

For further information, see subscribing to THC recipes

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consistant results

I am reminded of a story that Dr. Wayne W.Dyer talks about in his book REAL MAGIC. Two cooks in the kitchen follow the exact same recipe, item for item, following each and every detail in precise order and using the same oven. One has a cake that is grand and delicious, the other experiences something quite the opposite--a flop! Why? Their minds picture what they want to create. One has a picture of a positive outcome, knows within that this is going to be a grand cake, and sees the result in advance, even if it is on an unconscious level. The other has a completely different mind-set, one of doubt and fear, and approaches the entire project from a scarcity image. Even though the second cook follows the recipe in exact detail, the cake is exactly what was predicted: " I am not good at this sort of thing, and I know this won't turn out. Sound like a fairy tale? It is impossible for different outcomes, you say, if both follow the same directions. Our beliefs are invisible ingredients in all of ou activities.

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Glossary

A	B	C	D	E	F	G	H	I	J	K	L	M
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

A

accessible

E

Email

P

Preperation

S

Shopping list item (1)

Shopping List Item (2)

accessible

Now let me see, where did I put my favorite chocolate cake recipe or from which cookbook will I find it in?

Email

Use your Internet, CompuServe, etc address.

Preperation

baked	melted
beaten	packed
boil	peeled
browned	quartered
chopped	shredded
cooked	sliced
crushed	thawed
cubed	toasted
diced	trimmed
drained	whipped
flaked	
grated	
ground	

Shopping list item (1)

Near the top of the screen in the single row of fields is the 1st of two fields on this screen. This field has two purposes. First, to let you enter your recurring household items into a permanent database that will retain the information until you use the delete button to erase it. This has the benefit of not having to repeat your entry of those items you shop for all the time. Second, by clicking on the add button it will add the item you recalled or just added, to the shopping list grid in the center of your screen (your shopping list).

Shopping List Item (2)

In the middle of the screen is the 2nd shopping list item field. This is a non-permanent shopping list, in that it can be cleared and not be retained. Your shopping list is created from the items shown in this grid. It will hold up to 48 shopping list items.

